DOCUMENT RESUME

ED 390 554 PS 023 854

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TITLE	Games To Play with Babies. (Revised and Expanded).
REPORT NO	ISBN-0-87659-162-4
PUB DATE	93
NOTE	287p.; Illustrations by Linda Greigg.
AVAILABLE FROM	Gryphon House, Inc., Box 207, Beltsville, MD 20704 ($14.95).
PUB TYPE	Books (010) -- Guides - Non-Classroom Use (055)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	Attachment Behavior; *Childrens Games; *Developmental Tasks; Exploratory Behavior; *Infants; Listening Comprehension; Motor Development; *Parent Child Relationship; Play; *Recreational Activities; Self Concept; *Skill Development; Thinking Skills; Visual Learning
IDENTIFIERS	Play Learning

ABSTRACT

Aimed at parents with infants, this book is a collection of 250 simple, fun-filled games that can be played with children up to the age of 1. The games have been categorized into the following eight types: (1) growing and learning games; (2) special bonding games; (3) kitchen games; (4) laughing and having fun games; (5) art and singing games; (6) finger and toe games; (7) bath and dressing games; and (8) going to sleep games. Within each category, different kinds of games are specified appropriate to four age levels: 0-3 months; 3-6 months; 6-9 months; and 9-12 months. The process of each game is explained and is followed by a statement of what the baby will learn from it. The purposes achieved by the different games at different ages range from developing observation, language, listening, coordination, exploration, cognitive and problem solving skills to fostering trust, body awareness, social skills, and confidence. Prior to the description of games, guidelines for the growth of motor, auditory, visual, language, cognitive, and self-concept skills for babies from 0-6 months and from 6-12 months are provided. (BAC)

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